



1  
00:00:24,970 --> 00:00:20,170  
welcome to shattered reality with your

2  
00:00:28,030 --> 00:00:24,980  
hosts Kate Valentine and furs prepare to

3  
00:00:34,360 --> 00:00:28,040  
have a paradigm shifted into truths

4  
00:00:36,400 --> 00:00:34,370  
questioned and now shattered reality hi

5  
00:00:38,830 --> 00:00:36,410  
and welcome to another episode of

6  
00:00:41,020 --> 00:00:38,840  
shattered reality I'm Kate Valentine

7  
00:00:48,190 --> 00:00:41,030  
with me is fur YCJA

8  
00:00:50,770 --> 00:00:48,200  
and today is March 1st 2016 and we have

9  
00:00:56,319 --> 00:00:50,780  
quite an interesting show on line here

10  
00:01:00,370 --> 00:00:56,329  
for you when I was in years ago when I

11  
00:01:04,719 --> 00:01:00,380  
was at Wagner College I had a professor

12  
00:01:08,800 --> 00:01:04,729  
of philosophy 101 and when this

13  
00:01:12,060 --> 00:01:08,810

gentleman wanted to wake up the class he

14

00:01:15,580 --> 00:01:12,070

would start talking about someone that

15

00:01:20,590 --> 00:01:15,590

used to fly up to the top of the ceiling

16

00:01:26,050 --> 00:01:20,600

in past centuries I think he was

17

00:01:30,550 --> 00:01:26,060

speaking of Joseph of Cupertino who was

18

00:01:36,810 --> 00:01:30,560

a friar Franciscan friar in the 17th

19

00:01:41,590 --> 00:01:36,820

century and today we have another

20

00:01:45,070 --> 00:01:41,600

professor of philosophy a wonderful

21

00:01:49,630 --> 00:01:45,080

gentleman who is a teacher and an author

22

00:01:53,620 --> 00:01:49,640

and a painter and a PhD in philosophy he

23

00:01:57,219 --> 00:01:53,630

has taught at City University of New

24

00:01:59,710 --> 00:01:57,229

York Marymount Manhattan College and the

25

00:02:03,580 --> 00:01:59,720

City University of New Jersey formerly

26  
00:02:09,149 --> 00:02:03,590  
known as Jersey City State and today I

27  
00:02:11,619 --> 00:02:09,159  
would like you to welcome Michael Grosso

28  
00:02:14,860 --> 00:02:11,629  
PhD who lives in Charlottesville

29  
00:02:18,190 --> 00:02:14,870  
Virginia and he is affiliated with the

30  
00:02:19,910 --> 00:02:18,200  
division of perceptual studies and we

31  
00:02:22,970 --> 00:02:19,920  
had on one of his

32  
00:02:24,350 --> 00:02:22,980  
I guess you would call them colleagues

33  
00:02:26,839 --> 00:02:24,360  
colleagues there

34  
00:02:28,850 --> 00:02:26,849  
Ross dunseith in the past who talked

35  
00:02:31,339 --> 00:02:28,860  
about psychokinesis

36  
00:02:32,300 --> 00:02:31,349  
so welcome Michael do you mind if we

37  
00:02:36,350 --> 00:02:32,310  
call you Michael

38  
00:02:38,809 --> 00:02:36,360

hi of course not Michael it is okay

39

00:02:43,660 --> 00:02:38,819

thank you so much for sharing this hour

40

00:02:46,670 --> 00:02:43,670

with us my pleasure you know basically

41

00:02:50,570 --> 00:02:46,680

frisia was telling me about your work

42

00:02:53,479 --> 00:02:50,580

with levitation to some extent and I was

43

00:02:55,070 --> 00:02:53,489

wondering I mean I know what it means to

44

00:02:58,880 --> 00:02:55,080

levitate but what are you referring to

45

00:03:05,660 --> 00:02:58,890

when you say that is that just voluntary

46

00:03:08,930 --> 00:03:05,670

involuntary but you know it comes from a

47

00:03:14,330 --> 00:03:08,940

Latin word labarie to make light of good

48

00:03:19,250 --> 00:03:14,340

song and it is I will be talking mainly

49

00:03:21,289 --> 00:03:19,260

about Joseph's weapons that involved was

50

00:03:24,380 --> 00:03:21,299

an entire body being lifted off the

51  
00:03:26,900 --> 00:03:24,390  
ground but there are also limitations of

52  
00:03:33,190 --> 00:03:26,910  
objects which you often hear about in

53  
00:03:36,319 --> 00:03:33,200  
cases of poltergeists so and so

54  
00:03:39,319 --> 00:03:36,329  
levitation could take place in a variety

55  
00:03:43,400 --> 00:03:39,329  
of ways long as some object physical

56  
00:03:49,220 --> 00:03:43,410  
object is moving in space in a way that

57  
00:03:51,920 --> 00:03:49,230  
we cannot explain by any known force any

58  
00:03:54,800 --> 00:03:51,930  
known force I think that's the operative

59  
00:03:56,870 --> 00:03:54,810  
term but it does occur and so there is

60  
00:04:00,380 --> 00:03:56,880  
some force it's just unknown that's

61  
00:04:04,130 --> 00:04:00,390  
interesting so you would say Michael

62  
00:04:08,860 --> 00:04:04,140  
that there are some parallels between

63  
00:04:12,190 --> 00:04:08,870

the study of say Ross dunseith in

64

00:04:15,740 --> 00:04:12,200

psychokinesis and your studies about

65

00:04:19,449 --> 00:04:15,750

levitation absolutely I would maintain

66

00:04:23,090 --> 00:04:19,459

that the most dramatic forms of

67

00:04:27,500 --> 00:04:23,100

limitations such as Joseph's levitations

68

00:04:31,909 --> 00:04:27,510

are merely or I should say especially

69

00:04:33,269 --> 00:04:31,919

dramatic illustrations of the basic type

70

00:04:35,989 --> 00:04:33,279

of psychokinesis

71

00:04:37,409 --> 00:04:35,999

that people like Ross and other

72

00:04:41,789 --> 00:04:37,419

parapsychologists have been

73

00:04:43,979 --> 00:04:41,799

investigating for years so that as I

74

00:04:47,039 --> 00:04:43,989

said in a poltergeist or in a dice

75

00:04:48,959 --> 00:04:47,049

throwing experiment that JB Ryan

76

00:04:52,139 --> 00:04:48,969

performed many many years ago he

77

00:04:56,159 --> 00:04:52,149

demonstrated that an individual just by

78

00:04:59,009 --> 00:04:56,169

aiming or intending could bias the fall

79

00:05:02,039 --> 00:04:59,019

of dice in a way that was statistically

80

00:05:07,049 --> 00:05:02,049

significant there - you have a direct

81

00:05:09,659 --> 00:05:07,059

mental influence on a physical state of

82

00:05:11,689 --> 00:05:09,669

affairs and as a matter of fact that we

83

00:05:14,269 --> 00:05:11,699

want to push this a little further

84

00:05:18,299 --> 00:05:14,279

scientists don't really understand how

85

00:05:20,729 --> 00:05:18,309

we are able to move our own bodies so

86

00:05:23,249 --> 00:05:20,739

for example when I extend my hand to

87

00:05:26,039 --> 00:05:23,259

shake your hands or when I point to the

88

00:05:29,209 --> 00:05:26,049

moon with my finger I'm exerting an

89

00:05:32,989 --> 00:05:29,219

influence on a part of my body that

90

00:05:36,119 --> 00:05:32,999

properly speaking is a form of

91

00:05:40,049 --> 00:05:36,129

psychokinesis that is to say mind acting

92

00:05:42,749 --> 00:05:40,059

upon something physical so that's a

93

00:05:45,319 --> 00:05:42,759

surprising connection I want to

94

00:05:47,759 --> 00:05:45,329

emphasize it that it's in one sense

95

00:05:52,229 --> 00:05:47,769

quite normal and another sense

96

00:05:53,959 --> 00:05:52,239

dramatically strange and unusual I am

97

00:05:58,459 --> 00:05:53,969

thinking about the idea of

98

00:06:00,600 --> 00:05:58,469

intentionality and it's sort of been

99

00:06:03,869 --> 00:06:00,610

demonstrated and I wish I could pull up

100

00:06:07,519 --> 00:06:03,879

the chapter inverse here but maybe I

101  
00:06:12,139 --> 00:06:07,529  
will if someone asks me afterwards that

102  
00:06:17,600 --> 00:06:12,149  
we can affect the world through our

103  
00:06:23,279 --> 00:06:17,610  
intention by five or six percent off

104  
00:06:26,969 --> 00:06:23,289  
what would happen by absolute chance and

105  
00:06:28,049 --> 00:06:26,979  
so that is related to what you're

106  
00:06:31,439 --> 00:06:28,059  
talking about

107  
00:06:34,499 --> 00:06:31,449  
in terms of the dice throwing but in

108  
00:06:38,539 --> 00:06:34,509  
terms of levitation it is my

109  
00:06:41,699 --> 00:06:38,549  
understanding that some levitation is

110  
00:06:44,939 --> 00:06:41,709  
volitional and some is not been

111  
00:06:47,260 --> 00:06:44,949  
volitional would that be true absolutely

112  
00:06:51,160 --> 00:06:47,270  
the case and in the case of jokes

113  
00:06:54,070 --> 00:06:51,170

and in the case of the 200 other wreck

114

00:06:58,180 --> 00:06:54,080

cases of levitation in the annals of the

115

00:07:01,960 --> 00:06:58,190

Catholic Church almost invariably the

116

00:07:05,320 --> 00:07:01,970

levitation is involuntary it is like an

117

00:07:07,930 --> 00:07:05,330

aftereffect and unexpected and sometimes

118

00:07:11,350 --> 00:07:07,940

frightening and even disturbing after

119

00:07:15,010 --> 00:07:11,360

effect of being in a state of ecstasy so

120

00:07:18,160 --> 00:07:15,020

properly speaking about these unusual

121

00:07:20,430 --> 00:07:18,170

dramatic forms of levitation it's more

122

00:07:23,470 --> 00:07:20,440

accurate to talk about ecstatic

123

00:07:27,100 --> 00:07:23,480

levitation meaning it never happens

124

00:07:30,100 --> 00:07:27,110

unless the agent or the levitator

125

00:07:33,460 --> 00:07:30,110

is in a very very unusual state of

126

00:07:36,250 --> 00:07:33,470

consciousness one which we characterize

127

00:07:38,050 --> 00:07:36,260

as rapture or ecstasy in other words

128

00:07:41,980 --> 00:07:38,060

being out of your normal self being

129

00:07:46,810 --> 00:07:41,990

swept away by a powerful idea or emotion

130

00:07:51,070 --> 00:07:46,820

and so that is very important in some

131

00:07:53,440 --> 00:07:51,080

rare cases it looks as though the

132

00:07:57,700 --> 00:07:53,450

levitations that we're talking about can

133

00:07:59,860 --> 00:07:57,710

be directed but most of the time it's a

134

00:08:04,750 --> 00:07:59,870

kind of gift that's why they call it a

135

00:08:08,140 --> 00:08:04,760

charism a force that is involuntary but

136

00:08:11,020 --> 00:08:08,150

always associated with and as it were

137

00:08:15,760 --> 00:08:11,030

the acting out of being in a state of

138

00:08:18,670 --> 00:08:15,770

ecstasy which would be different than

139

00:08:22,480 --> 00:08:18,680

being in a non-physical state like

140

00:08:24,220 --> 00:08:22,490

something like an out-of-body state well

141

00:08:26,950 --> 00:08:24,230

that's an interesting question because

142

00:08:29,650 --> 00:08:26,960

the word ecstasy literally means ex

143

00:08:32,290 --> 00:08:29,660

tarsus being standing outside of

144

00:08:34,930 --> 00:08:32,300

yourself now that could be understood as

145

00:08:37,090 --> 00:08:34,940

figuratively but it could also be

146

00:08:39,400 --> 00:08:37,100

understood in in the sense of an

147

00:08:42,580 --> 00:08:39,410

out-of-body experience and as a matter

148

00:08:45,700 --> 00:08:42,590

of fact Joseph's ecstasy's were really

149

00:08:47,350 --> 00:08:45,710

out-of-body States but with him they

150

00:08:49,330 --> 00:08:47,360

also changed into the physical

151

00:08:51,480 --> 00:08:49,340

levitation oh you can have an

152

00:08:55,560 --> 00:08:51,490

out-of-body experience I've had a few

153

00:08:59,020 --> 00:08:55,570

but I never levitated right right now

154

00:09:01,120 --> 00:08:59,030

maybe what what I didn't do what I

155

00:09:03,990 --> 00:09:01,130

should have done at the beginning

156

00:09:07,030 --> 00:09:04,000

of the podcast maybe you could mention

157

00:09:11,260 --> 00:09:07,040

your book that were speaking about right

158

00:09:13,630 --> 00:09:11,270

now and then give us just a thumbnail of

159

00:09:15,820 --> 00:09:13,640

the story of Joseph of Cupertino

160

00:09:20,020 --> 00:09:15,830

well the name of the book is the man who

161

00:09:23,370 --> 00:09:20,030

could fly Saint Joseph of Cupertino and

162

00:09:29,200 --> 00:09:23,380

the mystery I emphasize mystery of

163

00:09:31,990 --> 00:09:29,210

levitation in a nutshell this is the

164

00:09:34,120 --> 00:09:32,000

story and this is the my book is focuses

165

00:09:36,100 --> 00:09:34,130

on Joseph as a starting point

166

00:09:38,800 --> 00:09:36,110

I go from him and I make comparative

167

00:09:44,560 --> 00:09:38,810

studies and then I try to cover the

168

00:09:47,620 --> 00:09:44,570

whole range of pique but the reason I

169

00:09:50,500 --> 00:09:47,630

pick on Joseph as a case to write an

170

00:09:53,610 --> 00:09:50,510

entire book about because all of the

171

00:09:55,800 --> 00:09:53,620

historical records indicate that his

172

00:09:58,300 --> 00:09:55,810

levitations were the most

173

00:10:00,550 --> 00:09:58,310

well-documented and the most

174

00:10:03,040 --> 00:10:00,560

extraordinary and the most numerous in

175

00:10:07,020 --> 00:10:03,050

history and there were lots of others

176

00:10:10,920 --> 00:10:07,030

but his were perhaps the most dramatic

177

00:10:13,470 --> 00:10:10,930

now Joseph started out as a poor

178

00:10:17,230 --> 00:10:13,480

virtually abandoned young man and a

179

00:10:22,510 --> 00:10:17,240

impoverished part of Italy in the early

180

00:10:25,660 --> 00:10:22,520

17th century he like many shamans was

181

00:10:30,040 --> 00:10:25,670

sick for five years in his early youth

182

00:10:33,490 --> 00:10:30,050

and this may have impaired his sense of

183

00:10:35,650 --> 00:10:33,500

connection to his own body perhaps but

184

00:10:38,650 --> 00:10:35,660

in order to escape the pain of his

185

00:10:43,060 --> 00:10:38,660

illness and cope with the loneliness of

186

00:10:44,980 --> 00:10:43,070

his being you know bedridden he got into

187

00:10:47,680 --> 00:10:44,990

the only thing he knew about because

188

00:10:50,280 --> 00:10:47,690

there were no you know television to

189

00:10:55,180 --> 00:10:50,290

distract him he got into prayer and

190

00:10:57,280 --> 00:10:55,190

prayer calmed him down and got him in

191

00:11:01,690 --> 00:10:57,290

tune with what seemed to him to be a

192

00:11:05,340 --> 00:11:01,700

high reality and gradually when he

193

00:11:08,350 --> 00:11:05,350

overcame his illness and he started to

194

00:11:10,060 --> 00:11:08,360

re-enter the world of ordinary life he

195

00:11:11,950 --> 00:11:10,070

found he was virtually good-for-nothing

196

00:11:13,470 --> 00:11:11,960

and he used to say that over again over

197

00:11:14,950 --> 00:11:13,480

and over again I'm good for nothing so

198

00:11:17,500 --> 00:11:14,960

the next bed

199

00:11:20,560 --> 00:11:17,510

thing was to become a priest and devote

200

00:11:24,120 --> 00:11:20,570

himself to the divine and even there he

201  
00:11:26,760 --> 00:11:24,130  
had a hard time because he wasn't very

202  
00:11:29,290 --> 00:11:26,770  
bookish she didn't have the head for

203  
00:11:31,810 --> 00:11:29,300  
reading and writing not that he was

204  
00:11:35,650 --> 00:11:31,820  
stupid but he just didn't have that

205  
00:11:40,590 --> 00:11:35,660  
skill so it took a while before he made

206  
00:11:43,630 --> 00:11:40,600  
it as a priest and finally at the age of

207  
00:11:45,130 --> 00:11:43,640  
25 he did succeed in becoming a

208  
00:11:49,240 --> 00:11:45,140  
full-fledged priest

209  
00:11:53,470 --> 00:11:49,250  
and from that time on he began to evolve

210  
00:11:56,430 --> 00:11:53,480  
both as a human being and also as a

211  
00:12:02,110 --> 00:11:56,440  
mystic and the psychic and bit by bit

212  
00:12:04,600 --> 00:12:02,120  
his ecstatic visionary experiences

213  
00:12:08,170 --> 00:12:04,610

became so frequent that people began to

214

00:12:11,920 --> 00:12:08,180

notice and then one day it happened that

215

00:12:15,280 --> 00:12:11,930

he was meditating on a painting of the

216

00:12:20,650 --> 00:12:15,290

madonna and he got cold so carried away

217

00:12:23,020 --> 00:12:20,660

with his inner raptures that he's that

218

00:12:26,920 --> 00:12:23,030

he physically lifted up off the ground

219

00:12:30,070 --> 00:12:26,930

and that was the beginning of his of his

220

00:12:31,870 --> 00:12:30,080

career as a levitator and made a long

221

00:12:34,690 --> 00:12:31,880

story short the moment these things

222

00:12:37,510 --> 00:12:34,700

dramatic things began to happen his

223

00:12:39,670 --> 00:12:37,520

whole life changed and I would simply

224

00:12:42,280 --> 00:12:39,680

say in one sense that changed for the

225

00:12:44,980 --> 00:12:42,290

worse not for the better because he

226

00:12:48,940 --> 00:12:44,990

became the subject of observation

227

00:12:50,770 --> 00:12:48,950

surveillance he became very charismatic

228

00:12:53,350 --> 00:12:50,780

people wanted to see him to hang out

229

00:12:57,550 --> 00:12:53,360

with him to touch him to receive gifts

230

00:13:00,520 --> 00:12:57,560

and knowledge from him and so the church

231

00:13:02,200 --> 00:13:00,530

had to keep their eye on him because

232

00:13:06,450 --> 00:13:02,210

there was no telling what he could do he

233

00:13:09,820 --> 00:13:06,460

could create riots and often people

234

00:13:13,450 --> 00:13:09,830

broke the windows of churches I mean

235

00:13:15,460 --> 00:13:13,460

later on in his career just to get a

236

00:13:17,650 --> 00:13:15,470

glimpse of him things were got so

237

00:13:20,110 --> 00:13:17,660

crowded wherever he went people followed

238

00:13:21,750 --> 00:13:20,120

him so that's the story of the beginning

239

00:13:26,629 --> 00:13:21,760

of his life and

240

00:13:31,410 --> 00:13:26,639

and as a as a an increasingly famous

241

00:13:35,340 --> 00:13:31,420

mystic and holy man because he was very

242

00:13:38,370 --> 00:13:35,350

obedient and pious son of the Catholic

243

00:13:41,129 --> 00:13:38,380

Church if he wasn't he would have gotten

244

00:13:42,750 --> 00:13:41,139

into serious trouble very quickly and

245

00:13:45,329 --> 00:13:42,760

his life would have been even more

246

00:13:49,769 --> 00:13:45,339

miserable than it was in some ways he he

247

00:13:52,319 --> 00:13:49,779

was he was taken in by the Inquisition

248

00:13:56,189 --> 00:13:52,329

at some point he was questioned by the

249

00:13:58,139 --> 00:13:56,199

Inquisition absolutely after several

250

00:14:03,090 --> 00:13:58,149

years living in his hometown actually

251  
00:14:09,620 --> 00:14:03,100  
after 16 years living in his hometown of

252  
00:14:11,329 --> 00:14:09,630  
core Pertino he became so famous so

253  
00:14:15,420 --> 00:14:11,339  
sought-after

254  
00:14:20,460 --> 00:14:15,430  
that somebody asked him if he would like

255  
00:14:23,009 --> 00:14:20,470  
to go on a one-year to tour to all the

256  
00:14:26,370 --> 00:14:23,019  
churches and convents and convent he

257  
00:14:28,199 --> 00:14:26,380  
knows in a certain part of southern

258  
00:14:31,590 --> 00:14:28,209  
Italy and he reluctantly he went along

259  
00:14:33,720 --> 00:14:31,600  
and along the way he did so many

260  
00:14:36,269 --> 00:14:33,730  
extraordinary things that his faman

261  
00:14:38,519 --> 00:14:36,279  
increased even more and reluctantly he

262  
00:14:41,309 --> 00:14:38,529  
did these things couldn't help but he

263  
00:14:44,879 --> 00:14:41,319

get carried away so by the time he came

264

00:14:47,160 --> 00:14:44,889

back a rumors started to spread nasty

265

00:14:49,230 --> 00:14:47,170

rumors that this there was this guy

266

00:14:52,620 --> 00:14:49,240

walking around travelling around Italy

267

00:14:54,720 --> 00:14:52,630

carrying on like a messiah doing

268

00:14:57,689 --> 00:14:54,730

performing miracles and he suddenly

269

00:14:59,790 --> 00:14:57,699

became a very suspect character and as a

270

00:15:03,269 --> 00:14:59,800

result somebody reported him to the

271

00:15:03,990 --> 00:15:03,279

Inquisition and so he had to grab his

272

00:15:07,590 --> 00:15:04,000

buddy

273

00:15:10,889 --> 00:15:07,600

Ludovico and walk of course there were

274

00:15:14,579 --> 00:15:10,899

no trains or anything walked all the way

275

00:15:19,860 --> 00:15:14,589

to Naples and presented himself to the

276

00:15:21,990 --> 00:15:19,870

Inquisition and they tell you what they

277

00:15:25,259 --> 00:15:22,000

did in in a nutshell what they wanted to

278

00:15:28,350 --> 00:15:25,269

know was not they didn't question his

279

00:15:30,889 --> 00:15:28,360

miracles or his phenomena they wanted to

280

00:15:33,990 --> 00:15:30,899

be sure he had the right attitude you

281

00:15:35,580 --> 00:15:34,000

see if he sounded as though he was too

282

00:15:37,830 --> 00:15:35,590

arrogant too proud

283

00:15:41,600 --> 00:15:37,840

about the things he was doing he

284

00:15:45,210 --> 00:15:41,610

automatically would become suspect and

285

00:15:48,180 --> 00:15:45,220

on the contrary he passed in flying

286

00:15:52,280 --> 00:15:48,190

colors and eventually the church decided

287

00:15:55,079 --> 00:15:52,290

that this guy was somewhat vaguely

288

00:15:58,160 --> 00:15:55,089

inarticulate but intentionally pious

289

00:16:01,200 --> 00:15:58,170

fellow with a genius for performing

290

00:16:04,620 --> 00:16:01,210

impossible things and so-called miracles

291

00:16:05,630 --> 00:16:04,630

and however the church for the rest of

292

00:16:10,950 --> 00:16:05,640

his life

293

00:16:14,220 --> 00:16:10,960

kept their eye on him and they moved him

294

00:16:17,579 --> 00:16:14,230

from convent to conduct when he got too

295

00:16:19,950 --> 00:16:17,589

popular in one place they suddenly come

296

00:16:22,560 --> 00:16:19,960

in the middle of the night like gestapo

297

00:16:24,630 --> 00:16:22,570

and drag him away over and over again he

298

00:16:28,800 --> 00:16:24,640

would you'd hear the story that he'd

299

00:16:30,780 --> 00:16:28,810

leave behind his glasses his cape his

300

00:16:33,510 --> 00:16:30,790

little possessions which were virtually

301  
00:16:37,980 --> 00:16:33,520  
non-existent and off he'd go to another

302  
00:16:40,620 --> 00:16:37,990  
town and he did that for the entire 35

303  
00:16:43,710 --> 00:16:40,630  
years of his career until they finally

304  
00:16:46,850 --> 00:16:43,720  
dropped him off at a very obscure place

305  
00:16:50,310 --> 00:16:46,860  
called ASIMO on the edge of the adriatic

306  
00:16:52,430 --> 00:16:50,320  
which where he spent the last six years

307  
00:16:56,640 --> 00:16:52,440  
of his life virtually under house arrest

308  
00:16:59,910 --> 00:16:56,650  
but that was good news for him it was a

309  
00:17:02,790 --> 00:16:59,920  
dark little hole of a place that that

310  
00:17:05,280 --> 00:17:02,800  
kept him in but he called it his forest

311  
00:17:07,890 --> 00:17:05,290  
paradise and the reason he called it as

312  
00:17:10,470 --> 00:17:07,900  
far as paradise because people left him

313  
00:17:13,410 --> 00:17:10,480

alone there nevertheless they caught him

314

00:17:17,010 --> 00:17:13,420

the crowds the people the miracle hungry

315

00:17:20,370 --> 00:17:17,020

and big shots in the church the king of

316

00:17:22,410 --> 00:17:20,380

Poland distinguished people knew about

317

00:17:25,980 --> 00:17:22,420

him and they came from all over Europe

318

00:17:28,350 --> 00:17:25,990

and begged and begged permission to hang

319

00:17:31,260 --> 00:17:28,360

out with him to see him to come into his

320

00:17:33,660 --> 00:17:31,270

cell and many a time they did and

321

00:17:35,520 --> 00:17:33,670

sometimes he would they would say

322

00:17:37,080 --> 00:17:35,530

something like it isn't this guy

323

00:17:39,180 --> 00:17:37,090

beautiful all you could never see it

324

00:17:41,130 --> 00:17:39,190

from his cell and he'd get so carried

325

00:17:43,800 --> 00:17:41,140

away he'd levitate right in his cell and

326

00:17:45,780 --> 00:17:43,810

go up to the top of the ceiling so

327

00:17:48,930 --> 00:17:45,790

that's the story of his life and it went

328

00:17:51,810 --> 00:17:48,940

on till the very day of his of his death

329

00:17:55,200 --> 00:17:51,820

on that last day of Joseph's death he

330

00:17:57,990 --> 00:17:55,210

actually levitated and it's a very

331

00:18:00,450 --> 00:17:58,000

strange almost incredible story and it

332

00:18:03,200 --> 00:18:00,460

would be incredible if it weren't for

333

00:18:06,080 --> 00:18:03,210

the fact that the church has this

334

00:18:10,770 --> 00:18:06,090

legalistic habit which they inherit from

335

00:18:15,660 --> 00:18:10,780

Roman law to make to keep records of

336

00:18:19,710 --> 00:18:15,670

everything and so that and to get people

337

00:18:21,660 --> 00:18:19,720

to swear under oath whether they did or

338

00:18:25,440 --> 00:18:21,670

did not see him do such and such a thing

339

00:18:28,050 --> 00:18:25,450

so the result is we have although the

340

00:18:31,650 --> 00:18:28,060

poor man suffered throughout his life by

341

00:18:34,700 --> 00:18:31,660

all this surveillance and this virtual

342

00:18:38,010 --> 00:18:34,710

imprisonment we have a very detailed

343

00:18:40,140 --> 00:18:38,020

record of his entire life all the things

344

00:18:42,650 --> 00:18:40,150

that he did and that's what makes him

345

00:18:45,440 --> 00:18:42,660

interesting for a contemporary

346

00:18:47,700 --> 00:18:45,450

philosopher and scientists like myself

347

00:18:52,260 --> 00:18:47,710

trying to understand these strange

348

00:18:57,960 --> 00:18:52,270

phenomena and the people who swore under

349

00:19:02,880 --> 00:18:57,970

oath ostensibly they would fear for

350

00:19:05,820 --> 00:19:02,890

their souls if they lied would that be a

351

00:19:09,090 --> 00:19:05,830

correct assumption absolutely absolutely

352

00:19:11,070 --> 00:19:09,100

and it was a serious thing you didn't

353

00:19:13,560 --> 00:19:11,080

just get up there and make make make up

354

00:19:15,900 --> 00:19:13,570

stories to please yourself what to

355

00:19:20,610 --> 00:19:15,910

please the Inquisition you told the

356

00:19:25,020 --> 00:19:20,620

truth I'm very very interested in the

357

00:19:28,860 --> 00:19:25,030

whole idea of his levitations

358

00:19:32,910 --> 00:19:28,870

being non volitional and how that

359

00:19:37,560 --> 00:19:32,920

differs from an intentional levitation

360

00:19:40,830 --> 00:19:37,570

such as is credited to Daniel Douglas

361

00:19:43,850 --> 00:19:40,840

Hume if I got that right from the 19th

362

00:19:47,280 --> 00:19:43,860

century the mystic that Scottish

363

00:19:51,860 --> 00:19:47,290

gentleman that's an interesting question

364

00:19:55,890 --> 00:19:51,870

I don't know or I'm not sure that the

365

00:19:59,910 --> 00:19:55,900

the levitations of whom were home

366

00:20:02,220 --> 00:19:59,920

however he's pronounced were just to

367

00:20:02,820 --> 00:20:02,230

what degree they were voluntary but it

368

00:20:05,940 --> 00:20:02,830

doesn't

369

00:20:10,649 --> 00:20:05,950

from what I have read that he seemed a

370

00:20:12,750 --> 00:20:10,659

little more able to control these

371

00:20:17,090 --> 00:20:12,760

phenomena you know there were a lot of

372

00:20:21,590 --> 00:20:17,100

things that that we human beings do that

373

00:20:25,590 --> 00:20:21,600

there are a borderline in terms of being

374

00:20:28,230 --> 00:20:25,600

intentional and unintentional when we're

375

00:20:31,380 --> 00:20:28,240

inspired for example by a new idea

376

00:20:33,570 --> 00:20:31,390

that's a poet or a painter it often just

377

00:20:36,210 --> 00:20:33,580

comes to us but then as we're doing it

378

00:20:39,000 --> 00:20:36,220

we see what we're doing it and then we

379

00:20:41,600 --> 00:20:39,010

intervene and we add this and we add

380

00:20:44,759 --> 00:20:41,610

that so that it's not all together

381

00:20:49,190 --> 00:20:44,769

either/or but I will say that in the

382

00:20:53,009 --> 00:20:49,200

case of Joseph as best I know his

383

00:20:55,470 --> 00:20:53,019

levitations were almost invariably like

384

00:20:58,169 --> 00:20:55,480

a byproduct he was never intending

385

00:21:01,169 --> 00:20:58,179

consciously for them to happen what he

386

00:21:04,649 --> 00:21:01,179

was intending consciously to happen was

387

00:21:07,200 --> 00:21:04,659

to unite his soul with the divine and

388

00:21:10,259 --> 00:21:07,210

whatever she performed manifested to his

389

00:21:14,700 --> 00:21:10,269

mind to his imagination or to the scene

390

00:21:17,370 --> 00:21:14,710

around him and then he would get into

391

00:21:19,950 --> 00:21:17,380

this profound state wonderful state

392

00:21:24,180 --> 00:21:19,960

which he admitted was wonderful and then

393

00:21:28,590 --> 00:21:24,190

somehow emptying himself of everything

394

00:21:32,220 --> 00:21:28,600

but this one call it divine focus in

395

00:21:33,659 --> 00:21:32,230

that state of force was able to exert

396

00:21:36,180 --> 00:21:33,669

itself and there's where the great

397

00:21:37,740 --> 00:21:36,190

mystery is because we don't know how

398

00:21:41,330 --> 00:21:37,750

that how that works

399

00:21:45,539 --> 00:21:41,340

although I do speculate in my chapter on

400

00:21:47,970 --> 00:21:45,549

the physics of levitation some possible

401  
00:21:50,430 --> 00:21:47,980  
explanations but we are infinitely

402  
00:21:52,259 --> 00:21:50,440  
remote from any really correct

403  
00:21:55,680 --> 00:21:52,269  
understanding of that and that's what I

404  
00:22:01,769 --> 00:21:55,690  
call it a mystery it does seem to me

405  
00:22:04,230 --> 00:22:01,779  
somehow that um if we look at sort of

406  
00:22:10,830 --> 00:22:04,240  
the cosmology of the whole situation

407  
00:22:13,740 --> 00:22:10,840  
that I can really see like a universal

408  
00:22:16,080 --> 00:22:13,750  
consciousness which some people might

409  
00:22:19,260 --> 00:22:16,090  
call God

410  
00:22:23,460 --> 00:22:19,270  
then there seems to be something else

411  
00:22:28,820 --> 00:22:23,470  
some intermediary forces that are

412  
00:22:34,490 --> 00:22:28,830  
sometimes seen as apparitions or UFOs or

413  
00:22:38,039 --> 00:22:34,500

angels or demons or others that are not

414

00:22:40,549 --> 00:22:38,049

physically visible to us in the spectrum

415

00:22:43,320 --> 00:22:40,559

in the in the you know the very big

416

00:22:46,380 --> 00:22:43,330

electromagnetic spectrum of which our

417

00:22:50,100 --> 00:22:46,390

visible light energy is only a small

418

00:22:54,269 --> 00:22:50,110

portion and somehow they sometimes exert

419

00:22:58,860 --> 00:22:54,279

influence on the earth humanity and

420

00:23:02,399 --> 00:22:58,870

animals absolutely I think you describe

421

00:23:05,519 --> 00:23:02,409

that perfectly I think that I myself

422

00:23:08,430 --> 00:23:05,529

have come to believe that our personal

423

00:23:11,190 --> 00:23:08,440

consciousness is part of a cosmic

424

00:23:16,320 --> 00:23:11,200

consciousness our consciousness is

425

00:23:18,600 --> 00:23:16,330

pretty much one thing and your and the

426

00:23:21,330 --> 00:23:18,610

manifestations well just look at your

427

00:23:23,130 --> 00:23:21,340

own consciousness I am conscious of a

428

00:23:26,190 --> 00:23:23,140

screen in front of me right now so

429

00:23:29,010 --> 00:23:26,200

that's cognitive but I can also move the

430

00:23:31,080 --> 00:23:29,020

screen away from me a little bit I can

431

00:23:34,830 --> 00:23:31,090

exert an influence through my conscious

432

00:23:39,769 --> 00:23:34,840

intentionality on my body to adjust the

433

00:23:43,500 --> 00:23:39,779

place of this screen so it appears that

434

00:23:45,510 --> 00:23:43,510

even our own little piece of the big

435

00:23:48,630 --> 00:23:45,520

divine consciousness if you want to call

436

00:23:52,289 --> 00:23:48,640

it that I can do all kinds of things it

437

00:23:54,930 --> 00:23:52,299

can calculate it can reason it can feel

438

00:23:58,500 --> 00:23:54,940

it can sometimes move things physically

439

00:24:00,720 --> 00:23:58,510

right under the intentional part so long

440

00:24:02,580 --> 00:24:00,730

as it has a body if it doesn't have a

441

00:24:06,419 --> 00:24:02,590

body then it's slightly more mysterious

442

00:24:09,330 --> 00:24:06,429

of how the direct action with me this

443

00:24:14,340 --> 00:24:09,340

this pure consciousness may as you say

444

00:24:17,130 --> 00:24:14,350

assume the form of a of a ghost which

445

00:24:19,350 --> 00:24:17,140

has a localized consciousness or it may

446

00:24:22,950 --> 00:24:19,360

assume the form of the madonna and peer

447

00:24:24,360 --> 00:24:22,960

to millions of people as it did as it

448

00:24:26,639 --> 00:24:24,370

has in various parts of the world

449

00:24:29,850 --> 00:24:26,649

especially in the last hundred or so

450

00:24:34,560 --> 00:24:29,860

years so I think that's a perfectly

451  
00:24:37,799 --> 00:24:34,570  
plausible model that there is a a form

452  
00:24:41,250 --> 00:24:37,809  
of consciousness that pervades the

453  
00:24:43,470 --> 00:24:41,260  
entire physical universe but it seems to

454  
00:24:46,860 --> 00:24:43,480  
manifest itself only through living

455  
00:24:48,659 --> 00:24:46,870  
forms such as ourselves we don't know

456  
00:24:54,000 --> 00:24:48,669  
what other kinds of living creatures are

457  
00:24:57,600 --> 00:24:54,010  
out there and it also seems to express

458  
00:24:59,909 --> 00:24:57,610  
itself then non-physical shapes and

459  
00:25:02,940 --> 00:24:59,919  
forms that appear in dreams

460  
00:25:06,629 --> 00:25:02,950  
that appear in the visions of abstains

461  
00:25:09,029 --> 00:25:06,639  
and Yogi's and mystics but it seems to

462  
00:25:11,430 --> 00:25:09,039  
me it's a perfectly coherent way of

463  
00:25:13,590 --> 00:25:11,440

looking at the world if you're willing

464

00:25:15,870 --> 00:25:13,600

to look at all the unusual phenomena

465

00:25:18,570 --> 00:25:15,880

that point in that direction which is

466

00:25:21,899 --> 00:25:18,580

what we're doing right now right what

467

00:25:25,620 --> 00:25:21,909

will some of your theories on that as

468

00:25:27,810 --> 00:25:25,630

far as what the causative agent was well

469

00:25:30,870 --> 00:25:27,820

I'm not sure what you're asking now what

470

00:25:36,419 --> 00:25:30,880

well you said that you had some theories

471

00:25:39,019 --> 00:25:36,429

as to physics yeah well okay

472

00:25:44,039 --> 00:25:39,029

I'll give you one that I can explain

473

00:25:47,850 --> 00:25:44,049

easily actually one of the physicists

474

00:25:50,730 --> 00:25:47,860

that I derived this idea from was open

475

00:25:53,850 --> 00:25:50,740

to it as a possibility and it's this and

476

00:25:57,570 --> 00:25:53,860

a bit weird but I'll express it

477

00:26:01,470 --> 00:25:57,580

concisely as I can when you remember or

478

00:26:04,049 --> 00:26:01,480

imagine Joseph or anybody for that

479

00:26:06,810 --> 00:26:04,059

matter but let's say Joseph levitating

480

00:26:09,210 --> 00:26:06,820

he's gets carried away during mass let's

481

00:26:12,110 --> 00:26:09,220

say and you levitate and he floats up in

482

00:26:16,649 --> 00:26:12,120

front of a in front of an altar and

483

00:26:20,269 --> 00:26:16,659

there are candles burning the candles

484

00:26:22,919 --> 00:26:20,279

don't catch fire so he's immune to fire

485

00:26:26,129 --> 00:26:22,929

people want to try to wake him up so

486

00:26:30,419 --> 00:26:26,139

they start jamming they stick little

487

00:26:33,539 --> 00:26:30,429

knives in his side he doesn't feel it

488

00:26:36,149 --> 00:26:33,549

he's so while he's in this space while

489

00:26:39,269 --> 00:26:36,159

he's in this levitating we call it a

490

00:26:42,570 --> 00:26:39,279

levitated bubble of space okay he defies

491

00:26:43,770 --> 00:26:42,580

the law of gravity he's impervious to

492

00:26:45,630 --> 00:26:43,780

fire

493

00:26:47,100 --> 00:26:45,640

he's impervious to pain there are all

494

00:26:49,410 --> 00:26:47,110

these different properties that he

495

00:26:52,620 --> 00:26:49,420

admires in this new space now here's my

496

00:26:55,050 --> 00:26:52,630

question what space do we already know

497

00:27:00,330 --> 00:26:55,060

about where these things actually take

498

00:27:03,240 --> 00:27:00,340

place answer dreams in a dream I can fly

499

00:27:04,980 --> 00:27:03,250

in a dream the fire doesn't hurt me in a

500

00:27:06,720 --> 00:27:04,990

dream you can smack me in the face and

501  
00:27:08,700 --> 00:27:06,730  
I'll might laugh back at you and you and

502  
00:27:12,630 --> 00:27:08,710  
you won't I won't feel it there's no

503  
00:27:15,450 --> 00:27:12,640  
pain now what I think is happening is

504  
00:27:17,730 --> 00:27:15,460  
this and this is a theory there's a

505  
00:27:22,140 --> 00:27:17,740  
sinkhole we'll call it dream space and

506  
00:27:24,630 --> 00:27:22,150  
this waking space normally we entered

507  
00:27:25,050 --> 00:27:24,640  
dream space when we're asleep and

508  
00:27:27,690 --> 00:27:25,060  
dreaming

509  
00:27:30,540 --> 00:27:27,700  
it's cyclic and then we wake up and we

510  
00:27:32,160 --> 00:27:30,550  
wake up in waking space and we can no

511  
00:27:36,840 --> 00:27:32,170  
longer levitate and do all these crazy

512  
00:27:40,140 --> 00:27:36,850  
things now it is possible that under

513  
00:27:43,200 --> 00:27:40,150

certain special circumstances those two

514

00:27:47,730 --> 00:27:43,210

spaces the dream space and the waking

515

00:27:50,250 --> 00:27:47,740

space become compacted physicists talked

516

00:27:53,340 --> 00:27:50,260

about this being a real possibility in

517

00:27:56,490 --> 00:27:53,350

black holes where two forms that space

518

00:27:59,010 --> 00:27:56,500

can come together and all the end none

519

00:28:02,190 --> 00:27:59,020

of the information is lost but fused

520

00:28:07,020 --> 00:28:02,200

into one space now my suggestion is that

521

00:28:08,750 --> 00:28:07,030

somehow a mystic or a yogi who gets into

522

00:28:11,360 --> 00:28:08,760

an altered state of consciousness

523

00:28:16,980 --> 00:28:11,370

empties his mind of the normal

524

00:28:19,650 --> 00:28:16,990

functioning sense of space and makes it

525

00:28:22,290 --> 00:28:19,660

possible and here's where again I don't

526  
00:28:26,060 --> 00:28:22,300  
know how it happens but the two spaces

527  
00:28:28,890 --> 00:28:26,070  
are compacted and so for a while

528  
00:28:32,970 --> 00:28:28,900  
Joseph is up there floating around in

529  
00:28:35,370 --> 00:28:32,980  
his own dream and immune to pain and he

530  
00:28:40,050 --> 00:28:35,380  
can't connect in here anybody can't be

531  
00:28:43,380 --> 00:28:40,060  
pinched into awakesness and why is that

532  
00:28:46,170 --> 00:28:43,390  
because somehow he is from our point of

533  
00:28:48,090 --> 00:28:46,180  
view in waking space but from his point

534  
00:28:50,940 --> 00:28:48,100  
of view he's in a dream space the two

535  
00:28:54,150 --> 00:28:50,950  
states have locked together now this

536  
00:28:57,120 --> 00:28:54,160  
idea was the two physicists that I spoke

537  
00:29:02,279 --> 00:28:57,130  
to struck me as being though Fantana

538  
00:29:04,440 --> 00:29:02,289

at least logically plausible I'm sorry

539

00:29:09,840 --> 00:29:04,450

sorry that's the beginning of one of my

540

00:29:13,650 --> 00:29:09,850

of one of my series oh how about would

541

00:29:16,470 --> 00:29:13,660

we say he might be in a state akin to

542

00:29:19,169 --> 00:29:16,480

the hypnotic state especially since a

543

00:29:25,110 --> 00:29:19,179

person who might be under a state of

544

00:29:28,200 --> 00:29:25,120

hypnosis can be pinched or poked or they

545

00:29:30,740 --> 00:29:28,210

can make the person who's hypnotized

546

00:29:34,409 --> 00:29:30,750

them can make their body cold or warm

547

00:29:38,669 --> 00:29:34,419

absolutely absolutely in other words all

548

00:29:42,180 --> 00:29:38,679

states of consciousness do have this in

549

00:29:44,100 --> 00:29:42,190

different ways unique ability to change

550

00:29:46,320 --> 00:29:44,110

the quality of our experience so

551  
00:29:48,779 --> 00:29:46,330  
something like that is very very tricky

552  
00:29:51,120 --> 00:29:48,789  
and that's why I want to argue that what

553  
00:29:53,570 --> 00:29:51,130  
we call levitation is so far out in

554  
00:29:56,070 --> 00:29:53,580  
bizarre it seems that way on the surface

555  
00:29:59,600 --> 00:29:56,080  
when you look more closely at other

556  
00:30:02,070 --> 00:29:59,610  
kinds of experiences it may be more

557  
00:30:03,480 --> 00:30:02,080  
pervasive in our experience than we

558  
00:30:05,669 --> 00:30:03,490  
suspect but you're absolutely right

559  
00:30:08,039 --> 00:30:05,679  
about the hypnosis and also you might

560  
00:30:09,930 --> 00:30:08,049  
have mentioned lucid dreaming yes the

561  
00:30:12,720 --> 00:30:09,940  
lucid dream is a little bit like the

562  
00:30:14,610 --> 00:30:12,730  
waking space but you're in a dream so

563  
00:30:16,500 --> 00:30:14,620

you can control the dream and control

564

00:30:19,440 --> 00:30:16,510

the space and you can start pulling

565

00:30:22,680 --> 00:30:19,450

around and doing strange things such as

566

00:30:26,250 --> 00:30:22,690

levitate and fly and fall and not be

567

00:30:28,649 --> 00:30:26,260

injured so yes these are real

568

00:30:31,230 --> 00:30:28,659

possibilities and I'm completely

569

00:30:35,130 --> 00:30:31,240

fascinated by the possibility of

570

00:30:37,710 --> 00:30:35,140

learning how to do this consciously and

571

00:30:39,840 --> 00:30:37,720

deliberately and to learn how to get

572

00:30:42,870 --> 00:30:39,850

into these spaces while we're fully

573

00:30:44,760 --> 00:30:42,880

awake who knows what we would learn what

574

00:30:47,460 --> 00:30:44,770

possibilities of healing and

575

00:30:51,450 --> 00:30:47,470

enlightenment could come about if we

576

00:30:54,890 --> 00:30:51,460

could begin to combine the various

577

00:30:56,909 --> 00:30:54,900

spaces that we actually do inhabit Wow

578

00:30:59,610 --> 00:30:56,919

that's actually a very fascinating

579

00:31:01,890 --> 00:30:59,620

thought I appreciate the theory that's

580

00:31:03,690 --> 00:31:01,900

excellent it's a good starting point to

581

00:31:06,870 --> 00:31:03,700

start thinking about things if nothing

582

00:31:09,090 --> 00:31:06,880

else but yeah I just want to get people

583

00:31:10,980 --> 00:31:09,100

to think about it yeah talk about it

584

00:31:15,990 --> 00:31:10,990

well of course there's always a danger

585

00:31:21,510 --> 00:31:16,000

living in a nightmare too I mean yes but

586

00:31:26,520 --> 00:31:21,520

you know it's all I don't know there

587

00:31:30,060 --> 00:31:26,530

were so many different how would you say

588

00:31:33,930 --> 00:31:30,070

almost pedestrian philosophies thrown

589

00:31:36,299 --> 00:31:33,940

around like mind over matter and you

590

00:31:39,120 --> 00:31:36,309

know if you will it it'll happen and so

591

00:31:41,610 --> 00:31:39,130

on but yet I think most of those things

592

00:31:43,620 --> 00:31:41,620

become popular and are seriously

593

00:31:47,400 --> 00:31:43,630

considered by many people just because

594

00:31:49,230 --> 00:31:47,410

there is a German truth in it yeah I

595

00:31:53,250 --> 00:31:49,240

agree with you it would be a great thing

596

00:31:57,890 --> 00:31:53,260

to be able to control them I wonder how

597

00:32:02,460 --> 00:31:57,900

much it has to do with being selfless

598

00:32:04,049 --> 00:32:02,470

and I guess what I would like to I think

599

00:32:05,790 --> 00:32:04,059

we should you should mention the name of

600

00:32:08,180 --> 00:32:05,800

your book again that's the first thing

601  
00:32:10,890 --> 00:32:08,190  
that's that's one thing because people

602  
00:32:17,910 --> 00:32:10,900  
have to read it so that's right we want

603  
00:32:19,620 --> 00:32:17,920  
them to read your remember and if anyone

604  
00:32:23,820 --> 00:32:19,630  
wants to get the book you can get it on

605  
00:32:29,240 --> 00:32:23,830  
Amazon or and any anybody wants to talk

606  
00:32:32,760 --> 00:32:29,250  
to me more about this they could try my

607  
00:32:39,410 --> 00:32:32,770  
website which is consciousness

608  
00:32:41,600 --> 00:32:39,420  
- unbound net consciousness - unbound

609  
00:32:44,130 --> 00:32:41,610  
dotnet and I'd love to hear from you

610  
00:32:46,890 --> 00:32:44,140  
well if you let's say you had your

611  
00:32:49,860 --> 00:32:46,900  
druthers and you suddenly could control

612  
00:32:52,890 --> 00:32:49,870  
this and you for some reason really

613  
00:32:54,780 --> 00:32:52,900

understood it where would you and where

614

00:32:56,669 --> 00:32:54,790

would you see it taking you I know as

615

00:32:59,250 --> 00:32:56,679

you said it would certainly unleash a

616

00:33:01,290 --> 00:32:59,260

lot of powerful thoughts and abilities

617

00:33:04,350 --> 00:33:01,300

both are you personally where would it

618

00:33:08,280 --> 00:33:04,360

take you I don't know I had a very

619

00:33:13,680 --> 00:33:08,290

unusual experience not long ago when I

620

00:33:16,590 --> 00:33:13,690

I'd like to practice staying in the

621

00:33:19,010 --> 00:33:16,600

state of mind between being awake and

622

00:33:21,510 --> 00:33:19,020

falling asleep it's called hypnagogia

623

00:33:24,600 --> 00:33:21,520

you know you probably come across that

624

00:33:26,880 --> 00:33:24,610

term yes and that's sort of an exam

625

00:33:31,020 --> 00:33:26,890

the kind of movement into the lucid

626

00:33:34,020 --> 00:33:31,030

dream and one night this happened only

627

00:33:36,690 --> 00:33:34,030

once I was extraordinarily successful I

628

00:33:40,590 --> 00:33:36,700

got into a state where I was neither

629

00:33:44,299 --> 00:33:40,600

awake nor dreaming and I was meditating

630

00:33:49,549 --> 00:33:44,309

on my body and what happened was

631

00:33:52,560 --> 00:33:49,559

completely surprising that as I mentally

632

00:33:55,169 --> 00:33:52,570

wandered over the various parts of my

633

00:33:58,560 --> 00:33:55,179

body for my tippy tip toes all the way

634

00:34:02,610 --> 00:33:58,570

up to the top of my head I noticed that

635

00:34:07,890 --> 00:34:02,620

as my mind focused while in this unusual

636

00:34:12,840 --> 00:34:07,900

state on various parts of my body sparks

637

00:34:15,540 --> 00:34:12,850

and colors would shoot out and at an

638

00:34:17,220 --> 00:34:15,550

amazing the Lessman velocity and they

639

00:34:20,849 --> 00:34:17,230

would shoot me to another part of the

640

00:34:22,590 --> 00:34:20,859

body back and forth and it was under it

641

00:34:25,260 --> 00:34:22,600

was it went on and I and then I started

642

00:34:27,119 --> 00:34:25,270

to slip out of my body and it seemed I

643

00:34:30,450 --> 00:34:27,129

was in a neighborhood where everything

644

00:34:33,930 --> 00:34:30,460

was sparkling and everything was like

645

00:34:37,470 --> 00:34:33,940

photons dancing around at extraordinary

646

00:34:39,750 --> 00:34:37,480

rapidity but as long as I kept focusing

647

00:34:42,180 --> 00:34:39,760

my mind on different parts of my body

648

00:34:45,210 --> 00:34:42,190

the scenery kept changing it was

649

00:34:47,490 --> 00:34:45,220

fascinating it was beautiful I didn't

650

00:34:49,770 --> 00:34:47,500

know how it was happening I certainly

651  
00:34:53,669 --> 00:34:49,780  
wasn't afraid but it was almost

652  
00:34:56,040 --> 00:34:53,679  
unbearable because I could keep up and I

653  
00:35:00,480 --> 00:34:56,050  
it's in and I was definitely not gonna

654  
00:35:02,700 --> 00:35:00,490  
fall asleep in such a state of mind so I

655  
00:35:06,300 --> 00:35:02,710  
don't know why actually actually what I

656  
00:35:08,910 --> 00:35:06,310  
experienced but I would like to go back

657  
00:35:12,950 --> 00:35:08,920  
to that space again and explore it in

658  
00:35:16,590 --> 00:35:12,960  
greater detail possibly have some my

659  
00:35:18,120 --> 00:35:16,600  
colleague Ross attached some material

660  
00:35:20,910 --> 00:35:18,130  
you know machines to my head to see

661  
00:35:24,060 --> 00:35:20,920  
what's happening to my brain but I

662  
00:35:26,970 --> 00:35:24,070  
really don't know there are so many

663  
00:35:29,490 --> 00:35:26,980

possibilities but one of them would be I

664

00:35:32,010 --> 00:35:29,500

think it's possible if there is another

665

00:35:34,530 --> 00:35:32,020

world a life after death and there are a

666

00:35:37,710 --> 00:35:34,540

lot of good reasons that point in that

667

00:35:38,070 --> 00:35:37,720

direction I think we might eventually be

668

00:35:42,390 --> 00:35:38,080

able

669

00:35:46,620 --> 00:35:42,400

learn how to visit that other world by

670

00:35:50,100 --> 00:35:46,630

will in the using methods that I'm that

671

00:35:55,250 --> 00:35:50,110

I'm describing right now well Robert

672

00:35:59,580 --> 00:35:55,260

Monroe claims to have visited with his

673

00:36:03,780 --> 00:35:59,590

late wife shortly after her passing

674

00:36:07,260 --> 00:36:03,790

I believe using I would say reasonably

675

00:36:11,430 --> 00:36:07,270

similar methods using the the Hema sink

676

00:36:13,830 --> 00:36:11,440

tones and slipping into an altered state

677

00:36:20,400 --> 00:36:13,840

of consciousness so I guess it's

678

00:36:22,560 --> 00:36:20,410

possible to to do so i I know that you

679

00:36:25,800 --> 00:36:22,570

have written several other books some of

680

00:36:27,870 --> 00:36:25,810

which concerned the afterlife and so

681

00:36:30,450 --> 00:36:27,880

perhaps you would like to mention those

682

00:36:32,450 --> 00:36:30,460

now as well well I'll be happy to

683

00:36:36,870 --> 00:36:32,460

mention I wrote a book called

684

00:36:39,240 --> 00:36:36,880

experiencing the next world now and that

685

00:36:42,120 --> 00:36:39,250

I think you can get on Amazon or

686

00:36:44,310 --> 00:36:42,130

whatever but the idea that well first of

687

00:36:47,100 --> 00:36:44,320

all what it does it covers the whole

688

00:36:48,930 --> 00:36:47,110

range of different types of survival

689

00:36:53,270 --> 00:36:48,940

evidence not just the near-death

690

00:36:55,380 --> 00:36:53,280

experience but reincarnation memories

691

00:36:58,530 --> 00:36:55,390

apparitions of the Dead all kinds of

692

00:37:04,490 --> 00:36:58,540

things but at the point of my book was

693

00:37:07,950 --> 00:37:04,500

to ask this question these glimpses

694

00:37:11,910 --> 00:37:07,960

another world seemed to happen under a

695

00:37:16,280 --> 00:37:11,920

variety of circumstances is it possible

696

00:37:19,610 --> 00:37:16,290

I said in the book to try to understand

697

00:37:24,630 --> 00:37:19,620

how we can Phyllis facilitate an

698

00:37:27,060 --> 00:37:24,640

exploration of the of this next world

699

00:37:29,850 --> 00:37:27,070

this other world whatever it is it's not

700

00:37:33,690 --> 00:37:29,860

far it's in us it's not like we have to

701  
00:37:35,520 --> 00:37:33,700  
get on our own you know a jet plane or a

702  
00:37:39,570 --> 00:37:35,530  
rocket ship and keep traveling through

703  
00:37:41,190 --> 00:37:39,580  
space it's within us and it's just as

704  
00:37:45,840 --> 00:37:41,200  
the world over the borderline of our

705  
00:37:47,810 --> 00:37:45,850  
waking waking self so that in a dream I

706  
00:37:52,109 --> 00:37:47,820  
mean I've had a couple of dreams where I

707  
00:37:54,749 --> 00:37:52,119  
definitely felt I had contact with a

708  
00:37:57,170 --> 00:37:54,759  
person who was deceased in one case it

709  
00:38:02,420 --> 00:37:57,180  
was quite frightening

710  
00:38:05,429 --> 00:38:02,430  
so I believe that not that by

711  
00:38:08,569 --> 00:38:05,439  
self-knowledge and by the study of

712  
00:38:12,449 --> 00:38:08,579  
consciousness and the use of perhaps

713  
00:38:14,309 --> 00:38:12,459

psychoactive agents the the sound

714

00:38:19,259 --> 00:38:14,319

technologies that you mentioned a moment

715

00:38:22,049 --> 00:38:19,269

ago learning how to prolong lucid dreams

716

00:38:25,650 --> 00:38:22,059

learning how to prolong hypnagogic

717

00:38:29,729 --> 00:38:25,660

States using artworks to trigger the

718

00:38:32,579 --> 00:38:29,739

imagination fasting by weakening our

719

00:38:35,999 --> 00:38:32,589

bodies we gain greater access to our

720

00:38:39,179 --> 00:38:36,009

mental life there's a reason why you

721

00:38:42,749 --> 00:38:39,189

know Yogi's and shamans and then people

722

00:38:45,630 --> 00:38:42,759

like that's fast periodically there are

723

00:38:50,910 --> 00:38:45,640

all kinds of techniques available to

724

00:38:52,920 --> 00:38:50,920

explore the inner world and so I feel

725

00:38:55,289 --> 00:38:52,930

this this is the final frontier the

726

00:38:57,269 --> 00:38:55,299

universe is unbelievably vast and

727

00:39:01,620 --> 00:38:57,279

mysterious out there but so far as I can

728

00:39:04,169 --> 00:39:01,630

make out it's mostly empty space but the

729

00:39:07,669 --> 00:39:04,179

universe of each human mind is

730

00:39:10,249 --> 00:39:07,679

infinitely rich and infinitely full of

731

00:39:12,150 --> 00:39:10,259

things that are interesting and

732

00:39:15,359 --> 00:39:12,160

important to our lives

733

00:39:17,519 --> 00:39:15,369

I heard the latest now about you know

734

00:39:22,589 --> 00:39:17,529

lays proof of Einstein's theory of

735

00:39:25,109 --> 00:39:22,599

relativity about these gravity gravity

736

00:39:28,890 --> 00:39:25,119

waves well their effect is so

737

00:39:30,749 --> 00:39:28,900

infinitesimally minut no doubt

738

00:39:33,569 --> 00:39:30,759

scientists will discover important

739

00:39:37,859 --> 00:39:33,579

things about through them I'm not anti

740

00:39:39,390 --> 00:39:37,869

science far from it but to explore outer

741

00:39:41,489 --> 00:39:39,400

space where it takes billions and

742

00:39:43,439 --> 00:39:41,499

billions and billions of dollars is one

743

00:39:45,299 --> 00:39:43,449

thing and where the results in the

744

00:39:48,870 --> 00:39:45,309

benefits of the human race at large in

745

00:39:52,640 --> 00:39:48,880

my opinion are so far virtually nothing

746

00:39:57,059 --> 00:39:52,650

I say use our money use our technology

747

00:40:00,959 --> 00:39:57,069

use our imaginations to really explore

748

00:40:04,289 --> 00:40:00,969

the mysterious ultimate frontier of our

749

00:40:05,730 --> 00:40:04,299

own minds anyway that's my view and I

750

00:40:07,590 --> 00:40:05,740

think that there are many many

751

00:40:09,480 --> 00:40:07,600

many things that we can do and many

752

00:40:14,250 --> 00:40:09,490

things that we could do to improve our a

753

00:40:16,980 --> 00:40:14,260

lot as human beings if we follow this

754

00:40:19,080 --> 00:40:16,990

path of exploration well the interesting

755

00:40:21,510 --> 00:40:19,090

thing about what you said although I

756

00:40:25,290 --> 00:40:21,520

disagree with a little bit of it I do

757

00:40:28,109 --> 00:40:25,300

think that the inner space is accessible

758

00:40:30,330 --> 00:40:28,119

to most people like the large majority

759

00:40:33,710 --> 00:40:30,340

of people maybe everybody if they really

760

00:40:38,130 --> 00:40:33,720

put an effort to towards it well whereas

761

00:40:40,290 --> 00:40:38,140

outer space is not readily accessible to

762

00:40:43,590 --> 00:40:40,300

the average person except perhaps

763

00:40:47,250 --> 00:40:43,600

through remote viewing where I disagree

764

00:40:52,560 --> 00:40:47,260

is I do think that the space program did

765

00:40:55,710 --> 00:40:52,570

provide a number of a benefits to

766

00:41:00,510 --> 00:40:55,720

humanity in terms of things that were

767

00:41:03,090 --> 00:41:00,520

discovered during their you know their

768

00:41:05,730 --> 00:41:03,100

journeys and so forth and the kind of

769

00:41:09,390 --> 00:41:05,740

technology that it was necessary to

770

00:41:13,140 --> 00:41:09,400

develop but on the other hand the

771

00:41:18,450 --> 00:41:13,150

chances of any of us here I mean myself

772

00:41:23,180 --> 00:41:18,460

kate bill or you moving out physically

773

00:41:26,280 --> 00:41:23,190

in the universe past let's say Mars is

774

00:41:28,470 --> 00:41:26,290

extremely dubious but a lot of

775

00:41:30,720 --> 00:41:28,480

philosophical good came out of it for

776

00:41:33,150 --> 00:41:30,730

Edgar Mitchell who's recently departed

777

00:41:36,780 --> 00:41:33,160

and now knows the answer as to what

778

00:41:39,420 --> 00:41:36,790

happens after you depart yes I was the

779

00:41:41,700 --> 00:41:39,430

biggest thrills of my life was to have

780

00:41:44,040 --> 00:41:41,710

brunch with it good Mitchell yeah but

781

00:41:46,680 --> 00:41:44,050

but then he developed noetic science yes

782

00:41:48,650 --> 00:41:46,690

he did interestingly most of the

783

00:41:52,290 --> 00:41:48,660

astronauts came back did go into

784

00:41:54,750 --> 00:41:52,300

philosophy art they were changed they

785

00:41:59,400 --> 00:41:54,760

would definitely change the experience

786

00:42:03,120 --> 00:41:59,410

so it's ok tow you saving up for uh for

787

00:42:08,599 --> 00:42:03,130

your ride in SpaceX rocket absolutely ok

788

00:42:13,650 --> 00:42:08,609

bad for the kid kiss the kiss goodbye to

789

00:42:15,720 --> 00:42:13,660

get back of our little but you know go

790

00:42:17,680 --> 00:42:15,730

back to the point I really thought is

791

00:42:19,900 --> 00:42:17,690

very interesting sir on your

792

00:42:23,050 --> 00:42:19,910

when you were describing your lucid

793

00:42:25,390 --> 00:42:23,060

dreaming or your liminal state activity

794

00:42:27,760 --> 00:42:25,400

state and you discovered all those

795

00:42:32,290 --> 00:42:27,770

sparkles I mean obviously that was an

796

00:42:34,930 --> 00:42:32,300

energy and energy is also something that

797

00:42:36,250 --> 00:42:34,940

everybody it's it's like life like

798

00:42:39,220 --> 00:42:36,260

everyone knows what you're talking about

799

00:42:41,920 --> 00:42:39,230

no one really knows what it is it exerts

800

00:42:44,860 --> 00:42:41,930

force on other things but energy is

801  
00:42:48,280 --> 00:42:44,870  
still to me a very mysterious thing but

802  
00:42:50,590 --> 00:42:48,290  
that aside even the human body is

803  
00:42:52,750 --> 00:42:50,600  
largely space I mean when you consider

804  
00:42:54,940 --> 00:42:52,760  
the distance between a nucleus electrons

805  
00:42:58,450 --> 00:42:54,950  
without getting into too much there's

806  
00:43:01,240 --> 00:42:58,460  
still tons of space inside the body and

807  
00:43:03,940 --> 00:43:01,250  
if you release that type of energy and

808  
00:43:06,400 --> 00:43:03,950  
expanses that space I can see it becoming

809  
00:43:09,630 --> 00:43:06,410  
light and starting to levitate yeah yeah

810  
00:43:12,580 --> 00:43:09,640  
yeah that was really I bet you came I

811  
00:43:15,460 --> 00:43:12,590  
did you know of course you didn't have a

812  
00:43:18,670 --> 00:43:15,470  
video of yourself at the time but I've

813  
00:43:21,430 --> 00:43:18,680

bet if you had you would be surprised

814

00:43:27,730 --> 00:43:21,440

that you rose up a little bit we've got

815

00:43:32,470 --> 00:43:27,740

to talk to Ross about this okay another

816

00:43:37,510 --> 00:43:32,480

thing here is that we how many times do

817

00:43:39,760 --> 00:43:37,520

we feel light-hearted there's a line

818

00:43:41,980 --> 00:43:39,770

from Walt Whitman afoot and

819

00:43:46,420 --> 00:43:41,990

light-hearted I take to the open road

820

00:43:49,090 --> 00:43:46,430

help free the long space before me and

821

00:43:52,330 --> 00:43:49,100

then he says henceforth I ask not good

822

00:43:54,160 --> 00:43:52,340

fortune I myself am good fortune well

823

00:43:56,710 --> 00:43:54,170

that's how I felt in that in that

824

00:43:59,710 --> 00:43:56,720

episode where my home my body was the

825

00:44:03,100 --> 00:43:59,720

universe all I had to do was just think

826

00:44:07,440 --> 00:44:03,110

about my lip pinkie and suddenly I saw

827

00:44:12,270 --> 00:44:07,450

stars so to speak and that that you know

828

00:44:14,710 --> 00:44:12,280

is very important to wake up to our own

829

00:44:18,510 --> 00:44:14,720

the mystery of our own embodied

830

00:44:20,560 --> 00:44:18,520

existence is part of the adventure and

831

00:44:24,100 --> 00:44:20,570

incidentally I agree with you guys about

832

00:44:26,140 --> 00:44:24,110

the value of some I mean of this

833

00:44:28,840 --> 00:44:26,150

scientific purely you know space

834

00:44:31,420 --> 00:44:28,850

exploration I'm not putting it down but

835

00:44:34,150 --> 00:44:31,430

they but he just would like to see the

836

00:44:36,910 --> 00:44:34,160

the funds were so displayed up a little

837

00:44:39,370 --> 00:44:36,920

bit differently which yes I mean you

838

00:44:41,380 --> 00:44:39,380

know I mean obviously that's a necessary

839

00:44:43,930 --> 00:44:41,390

thing to do but then there are other

840

00:44:46,420 --> 00:44:43,940

necessary things to do too and the

841

00:44:48,700 --> 00:44:46,430

problem I think is that once you start

842

00:44:51,190 --> 00:44:48,710

talking about things like lucid dreaming

843

00:44:53,859 --> 00:44:51,200

it it doesn't have the validity of

844

00:44:56,500 --> 00:44:53,869

hardcore science which is quantitative

845

00:44:58,900 --> 00:44:56,510

and measurable and repeatable I think

846

00:45:00,519 --> 00:44:58,910

that's where all the paranormal things

847

00:45:03,789 --> 00:45:00,529

start to fall by the wayside because

848

00:45:05,980 --> 00:45:03,799

they're not repeatable they were I know

849

00:45:08,380 --> 00:45:05,990

they are to some extent but not to a

850

00:45:13,089 --> 00:45:08,390

reliable extent where you know you put

851  
00:45:16,240 --> 00:45:13,099  
sodium chlorite together but you know

852  
00:45:18,210 --> 00:45:16,250  
you can't meditate and because even

853  
00:45:23,980 --> 00:45:18,220  
people like for Usha who do it and

854  
00:45:27,309 --> 00:45:23,990  
pretty consciously do it they can't rely

855  
00:45:29,500 --> 00:45:27,319  
on it happening all the time yes good I

856  
00:45:32,289 --> 00:45:29,510  
mean I can certainly take an aspirin and

857  
00:45:34,059 --> 00:45:32,299  
my headache goes away I I think people

858  
00:45:36,700 --> 00:45:34,069  
can meditate make their headaches go

859  
00:45:39,010 --> 00:45:36,710  
away but I can do it as reliable as

860  
00:45:40,809 --> 00:45:39,020  
taking that aspirin and that's and

861  
00:45:43,089 --> 00:45:40,819  
that's where the funding starts to fall

862  
00:45:45,490 --> 00:45:43,099  
by the wayside and unfortunately subtle

863  
00:45:47,170 --> 00:45:45,500

I mean I agree with you I think there

864

00:45:50,730 --> 00:45:47,180

should be a lot more funding along those

865

00:45:54,990 --> 00:45:50,740

lines many of the most important things

866

00:45:57,309 --> 00:45:55,000

in life are not repeatable how many

867

00:45:59,769 --> 00:45:57,319

Shakespeare's do we have we'll never see

868

00:46:02,019 --> 00:45:59,779

another Shakespeare does that mean

869

00:46:03,700 --> 00:46:02,029

Shakespeare we should just cross him off

870

00:46:05,740 --> 00:46:03,710

he's not a not a scientifically

871

00:46:08,620 --> 00:46:05,750

reproducible phenomenon right not

872

00:46:10,510 --> 00:46:08,630

interesting that's absurd we can't say

873

00:46:12,940 --> 00:46:10,520

that I mean some of the most important

874

00:46:15,000 --> 00:46:12,950

things the moment of falling in love no

875

00:46:17,440 --> 00:46:15,010

moment like that in a man's life perhaps

876

00:46:21,220 --> 00:46:17,450

he's lucky happens a couple of times or

877

00:46:23,970 --> 00:46:21,230

a woman right there's magic there I mean

878

00:46:28,299 --> 00:46:23,980

like it seems to me is poorly

879

00:46:31,019 --> 00:46:28,309

unrepeatable right and but and but I do

880

00:46:34,049 --> 00:46:31,029

agree with you it's things repeatable

881

00:46:38,680 --> 00:46:34,059

effects and services are more marketable

882

00:46:43,750 --> 00:46:38,690

and I grant that and I think that's one

883

00:46:45,190 --> 00:46:43,760

of the Edgar will Co Wilson said to that

884

00:46:48,370 --> 00:46:45,200

what he was trying to do

885

00:46:50,859 --> 00:46:48,380

his last book Concilium is to bring back

886

00:46:53,410 --> 00:46:50,869

philosophy into the field of science and

887

00:46:56,170 --> 00:46:53,420

get them married together again as they

888

00:46:58,780 --> 00:46:56,180

had been I think has gone over way too

889

00:47:04,180 --> 00:46:58,790

far into the heart the so-called hard

890

00:47:07,900 --> 00:47:04,190

sciences philosophy the sense of wonder

891

00:47:10,750 --> 00:47:07,910

and I do agree with the author Concilium

892

00:47:13,630 --> 00:47:10,760

sebat and the part of science that I'm

893

00:47:16,300 --> 00:47:13,640

so excited about nowadays is and in

894

00:47:21,190 --> 00:47:16,310

growing interest in animal consciousness

895

00:47:23,109 --> 00:47:21,200

and the scientists are finally waking up

896

00:47:26,349 --> 00:47:23,119

although ordinary people always knew

897

00:47:30,069 --> 00:47:26,359

that animals their pets for example are

898

00:47:35,079 --> 00:47:30,079

conscious but science itself is catching

899

00:47:38,380 --> 00:47:35,089

up to come sincere and I think that this

900

00:47:40,540 --> 00:47:38,390

is a one of the more exciting branches

901  
00:47:44,859 --> 00:47:40,550  
of science and one of the values of it

902  
00:47:47,920 --> 00:47:44,869  
is to induce or awaken in ordinary human

903  
00:47:51,400 --> 00:47:47,930  
beings a sense of wonder because when

904  
00:47:52,930 --> 00:47:51,410  
you start wondering about things you see

905  
00:47:55,300 --> 00:47:52,940  
them differently you don't necessarily

906  
00:47:59,980 --> 00:47:55,310  
see them as things that you necessarily

907  
00:48:04,270 --> 00:47:59,990  
want to exploit but things that have

908  
00:48:06,609 --> 00:48:04,280  
value in and for themselves much for

909  
00:48:10,480 --> 00:48:06,619  
that the idea of combining science

910  
00:48:13,660 --> 00:48:10,490  
philosophy and wonder together again and

911  
00:48:18,760 --> 00:48:13,670  
great idea I would just mention here in

912  
00:48:22,900 --> 00:48:18,770  
terms of the hard sciences a lot of the

913  
00:48:27,089 --> 00:48:22,910

study that has been done on experimenter

914

00:48:37,200 --> 00:48:27,099

bias and that having an intentional

915

00:48:45,270 --> 00:48:42,120

if you don't have someone who is I know

916

00:48:48,250 --> 00:48:45,280

expecting expecting positive results

917

00:48:50,680 --> 00:48:48,260

enthusiastic and spontaneous which is

918

00:48:53,440 --> 00:48:50,690

one of the key variables you know not

919

00:48:56,650 --> 00:48:53,450

going to get the same effect but that's

920

00:48:58,690 --> 00:48:56,660

true for all human behaviors all right I

921

00:49:02,050 --> 00:48:58,700

mean if you

922

00:49:06,160 --> 00:49:02,060

are asking a we hear a kid and you're

923

00:49:08,020 --> 00:49:06,170

asking a favor from your dad gotta watch

924

00:49:09,910 --> 00:49:08,030

out for experimental in fact right make

925

00:49:12,940 --> 00:49:09,920

sure that he's in a good mood after he's

926  
00:49:15,810 --> 00:49:12,950  
had a nice meal and he's laughing and

927  
00:49:18,460 --> 00:49:15,820  
smiling and cracking jokes then hey Dad

928  
00:49:20,829 --> 00:49:18,470  
can you lend me 50 bucks I want to buy

929  
00:49:26,440 --> 00:49:20,839  
something I mean you don't approach him

930  
00:49:29,349 --> 00:49:26,450  
when he's in a rage it's these are human

931  
00:49:32,920 --> 00:49:29,359  
qualities and the human world is more

932  
00:49:37,930 --> 00:49:32,930  
subtle more fluid more flexible and more

933  
00:49:39,910 --> 00:49:37,940  
surprising than the inanimate world of

934  
00:49:43,750 --> 00:49:39,920  
pure physics and chemistry chemistry

935  
00:49:46,089 --> 00:49:43,760  
well even at the bottom bottom level of

936  
00:49:50,040 --> 00:49:46,099  
quantum mechanics there are surprises

937  
00:49:55,089 --> 00:49:50,050  
and mysteries I you know getting back to

938  
00:49:59,260 --> 00:49:55,099

the area of levitation and st. Joseph of

939

00:50:03,240 --> 00:49:59,270

Cupertino perhaps what I would like you

940

00:50:07,920 --> 00:50:03,250

to do is maybe comment on other

941

00:50:12,569 --> 00:50:07,930

individuals in and outside of the

942

00:50:18,870 --> 00:50:12,579

Catholic Church arena that have

943

00:50:22,930 --> 00:50:18,880

exhibited interesting examples of

944

00:50:27,599 --> 00:50:22,940

levitation examples that you think might

945

00:50:30,640 --> 00:50:27,609

be worthy of further looking into

946

00:50:35,170 --> 00:50:30,650

inspection if you will yeah well almost

947

00:50:38,920 --> 00:50:35,180

all of the recorded cases of levitation

948

00:50:40,780 --> 00:50:38,930

and most of them are from the Catholic

949

00:50:43,180 --> 00:50:40,790

Church not because the Catholics have a

950

00:50:47,260 --> 00:50:43,190

monopoly on these things but because

951

00:50:49,240 --> 00:50:47,270

they keep records most of them are

952

00:50:50,980 --> 00:50:49,250

incredibly interesting and they all have

953

00:50:55,960 --> 00:50:50,990

little differences but I will mention

954

00:50:58,839 --> 00:50:55,970

something about home DD home who was not

955

00:51:04,480 --> 00:50:58,849

a Catholic saint by no means but who

956

00:51:06,819 --> 00:51:04,490

also apparently levitated according to

957

00:51:10,830 --> 00:51:06,829

Sir William Crookes who studied him

958

00:51:20,340 --> 00:51:18,870

now I his levitations what they offer

959

00:51:23,340 --> 00:51:20,350

here's one difference I would say

960

00:51:25,110 --> 00:51:23,350

between the meditations of many media

961

00:51:31,080 --> 00:51:25,120

I'm not the meditations the levitation

962

00:51:32,580 --> 00:51:31,090

sorry of mediums versus Saints this

963

00:51:39,830 --> 00:51:32,590

might be an interesting point to bring

964

00:51:44,880 --> 00:51:39,840

out Guinea home as he got older and got

965

00:51:46,590 --> 00:51:44,890

sick sicker and trailer he lost his

966

00:51:49,650 --> 00:51:46,600

powers and this is true for most of the

967

00:51:51,780 --> 00:51:49,660

meetings they tend to lose their

968

00:51:53,790 --> 00:51:51,790

abilities as time went on they had they

969

00:51:57,750 --> 00:51:53,800

suffer from what's called the decline

970

00:51:59,760 --> 00:51:57,760

effect in parapsychologist talk about

971

00:52:02,370 --> 00:51:59,770

the decline effect so if you do it a

972

00:52:04,110 --> 00:52:02,380

psychic test you tend to do best in the

973

00:52:08,250 --> 00:52:04,120

beginning then it gets a little boring

974

00:52:10,260 --> 00:52:08,260

and you lose your abilities now this is

975

00:52:12,300 --> 00:52:10,270

quite different from the case of Joseph

976  
00:52:16,590 --> 00:52:12,310  
again I'm not trying to compare them

977  
00:52:19,800 --> 00:52:16,600  
invidiously I'm just making a point the

978  
00:52:23,460 --> 00:52:19,810  
case of Joseph no even when it's sick

979  
00:52:26,330 --> 00:52:23,470  
and on his deathbed he levitated it and

980  
00:52:29,750 --> 00:52:26,340  
one theory was by the way that his

981  
00:52:32,370 --> 00:52:29,760  
levitations were the result of repressed

982  
00:52:36,420 --> 00:52:32,380  
sexual impulses and there may be some

983  
00:52:38,340 --> 00:52:36,430  
element of truth to that however when

984  
00:52:40,860 --> 00:52:38,350  
you're on your deathbed your sex drive

985  
00:52:42,030 --> 00:52:40,870  
is pretty far down I would say he's

986  
00:52:46,530 --> 00:52:42,040  
still livid

987  
00:52:51,390 --> 00:52:46,540  
so Joseph levitations and this seems to

988  
00:52:54,570 --> 00:52:51,400

be true for many of the Saints including

989

00:52:58,640 --> 00:52:54,580

maybe the Yogi's or all the directions

990

00:53:03,450 --> 00:52:58,650

they are not as good they seem to work

991

00:53:05,820 --> 00:53:03,460

independently the physiology and the

992

00:53:08,760 --> 00:53:05,830

health of the individual so that just

993

00:53:10,980 --> 00:53:08,770

that not a definite point but it's a

994

00:53:12,930 --> 00:53:10,990

possible thing to look at but now here's

995

00:53:17,220 --> 00:53:12,940

another comparison with another Catholic

996

00:53:19,770 --> 00:53:17,230

saint st. Teresa Teresa would would

997

00:53:22,710 --> 00:53:19,780

levitate get carried away ecstatic and

998

00:53:24,720 --> 00:53:22,720

levitate and like Joseph she found it

999

00:53:27,750 --> 00:53:24,730

very embarrassing because it called it

1000

00:53:31,230 --> 00:53:27,760

to her mystics don't want to be noticed

1001  
00:53:34,740 --> 00:53:31,240  
mediums do they want to perform they

1002  
00:53:36,510 --> 00:53:34,750  
want followings mystics don't want that

1003  
00:53:40,460 --> 00:53:36,520  
they want to stay by themselves now in

1004  
00:53:42,570 --> 00:53:40,470  
the case of st. Teresa she prayed that

1005  
00:53:45,440 --> 00:53:42,580  
over and over again that these

1006  
00:53:48,540 --> 00:53:45,450  
manifestations ceased and they did

1007  
00:53:53,430 --> 00:53:48,550  
Joseph too prayed over and over again

1008  
00:53:56,970 --> 00:53:53,440  
and got his buddies to pay to pray with

1009  
00:53:58,440 --> 00:53:56,980  
him and for him it never worked again

1010  
00:54:02,040 --> 00:53:58,450  
what is this proof I don't know it

1011  
00:54:04,140 --> 00:54:02,050  
proves individual difference well you

1012  
00:54:08,400 --> 00:54:04,150  
know that comes back to the whole idea

1013  
00:54:12,960 --> 00:54:08,410

of self consciousness in terms of having

1014

00:54:18,720 --> 00:54:12,970

an ego in the case of someone perhaps

1015

00:54:21,870 --> 00:54:18,730

like home or Hume and the lack of ego

1016

00:54:25,500 --> 00:54:21,880

that was present certainly from what I

1017

00:54:31,350 --> 00:54:25,510

read in your book about Joseph as there

1018

00:54:34,110 --> 00:54:31,360

are perhaps any Hindu or yogic people

1019

00:54:40,190 --> 00:54:34,120

you would like to mention or anybody in

1020

00:54:47,820 --> 00:54:43,200

with confidence it's hard for me to say

1021

00:54:50,250 --> 00:54:47,830

that there's a famous book called the

1022

00:54:54,890 --> 00:54:50,260

autobiography of the yoga of the yogi

1023

00:54:57,930 --> 00:54:54,900

Yogananda you must know yes yes he

1024

00:55:01,230 --> 00:54:57,940

himself did not claim to levitate but

1025

00:55:04,380 --> 00:55:01,240

one of his disciples told him a story

1026  
00:55:06,690 --> 00:55:04,390  
about his levitations but the organ and

1027  
00:55:10,650 --> 00:55:06,700  
I never witnessed it but he took this

1028  
00:55:13,320 --> 00:55:10,660  
man on his on his word it's interesting

1029  
00:55:16,200 --> 00:55:13,330  
that Yogananda explained the the

1030  
00:55:21,510 --> 00:55:16,210  
levitations as a result of pranayama the

1031  
00:55:26,610 --> 00:55:21,520  
breathing exercise so in fact Yoga seems

1032  
00:55:29,400 --> 00:55:26,620  
to relate the so-called you know

1033  
00:55:31,530 --> 00:55:29,410  
phenomena extraordinary phenomena have a

1034  
00:55:33,540 --> 00:55:31,540  
lot to do with the control of breath the

1035  
00:55:37,050 --> 00:55:33,550  
life force and that makes a lot of sense

1036  
00:55:38,970 --> 00:55:37,060  
to me so perhaps the different

1037  
00:55:42,470 --> 00:55:38,980  
traditions

1038  
00:55:45,000 --> 00:55:42,480

have learned different things about this

1039

00:55:47,490 --> 00:55:45,010

phenomenon that we're describing but we

1040

00:55:50,730 --> 00:55:47,500

don't know enough about the other

1041

00:55:55,380 --> 00:55:50,740

traditions as far as really compelling

1042

00:55:59,700 --> 00:55:55,390

cases to be sure about what really is

1043

00:56:02,700 --> 00:55:59,710

going on but I know that there's a

1044

00:56:07,200 --> 00:56:02,710

Tibetan yogi famous Tibetan yogi

1045

00:56:09,660 --> 00:56:07,210

Milarepa he writes about his levitations

1046

00:56:15,230 --> 00:56:09,670

that was back a while ago what do we

1047

00:56:19,200 --> 00:56:15,240

know what time frame that was about

1048

00:56:23,250 --> 00:56:19,210

right and but there's a famous part

1049

00:56:25,050 --> 00:56:23,260

biography of him oh by him and it's

1050

00:56:28,859 --> 00:56:25,060

interesting because he says that he

1051  
00:56:31,140 --> 00:56:28,869  
started out and just having out-of-body

1052  
00:56:33,599 --> 00:56:31,150  
experiences and travelling all over the

1053  
00:56:35,640 --> 00:56:33,609  
universe out of his body and seeing

1054  
00:56:38,970 --> 00:56:35,650  
things and beholding the wonders of the

1055  
00:56:44,550 --> 00:56:38,980  
cosmos and then gradually he learned the

1056  
00:56:46,050 --> 00:56:44,560  
ability to levitate his body and he

1057  
00:56:49,140 --> 00:56:46,060  
could be making this up there are no

1058  
00:56:51,960 --> 00:56:49,150  
witnesses but I was impressed it sounded

1059  
00:56:57,420 --> 00:56:51,970  
it had an air of truthiness if I may use

1060  
00:57:02,280 --> 00:56:57,430  
that phrase to it he described himself

1061  
00:57:04,770 --> 00:57:02,290  
on one occasion as flying above a group

1062  
00:57:07,140 --> 00:57:04,780  
of people and they recognized them and

1063  
00:57:10,260 --> 00:57:07,150

they got into a conversation and one

1064

00:57:12,000 --> 00:57:10,270

person said oh what a bore the other the

1065

00:57:16,410 --> 00:57:12,010

other person said how interesting

1066

00:57:20,130 --> 00:57:16,420

there's a man who could fly and then

1067

00:57:22,260 --> 00:57:20,140

eventually he decided to avoid and I'm

1068

00:57:25,650 --> 00:57:22,270

just repeating the story because it is a

1069

00:57:28,200 --> 00:57:25,660

story to avoid levitating in public

1070

00:57:30,210 --> 00:57:28,210

because people came after him and wanted

1071

00:57:30,950 --> 00:57:30,220

favors the same thing that happened to

1072

00:57:34,380 --> 00:57:30,960

Joseph

1073

00:57:38,040 --> 00:57:34,390

so the reply to your question I'm afraid

1074

00:57:42,150 --> 00:57:38,050

is not very robust off the top of my

1075

00:57:45,180 --> 00:57:42,160

head but there are other cases other

1076

00:57:47,280 --> 00:57:45,190

traditions a man I know in

1077

00:57:50,910 --> 00:57:47,290

Charlottesville Virginia came up to me

1078

00:57:52,200 --> 00:57:50,920

and told me that he witnessed Edgar

1079

00:57:54,720 --> 00:57:52,210

Cayce

1080

00:57:58,020 --> 00:57:54,730

when he was a boy because levy edgar

1081

00:58:03,750 --> 00:57:58,030

cayce pick took this young boy in under

1082

00:58:05,849 --> 00:58:03,760

his wing as it were and raised him the

1083

00:58:08,609 --> 00:58:05,859

gentleman that I'm speaking of now is

1084

00:58:12,839 --> 00:58:08,619

fairly elderly and yet does have a

1085

00:58:16,260 --> 00:58:12,849

reputation of having been having the

1086

00:58:19,799 --> 00:58:16,270

relationship with that UKC he claims to

1087

00:58:21,240 --> 00:58:19,809

me he told me that he witnessed edgar

1088

00:58:27,359 --> 00:58:21,250

cayce levitate once

1089

00:58:36,030 --> 00:58:27,369

Wow also Carol Carol de la Heron had

1090

00:58:37,890 --> 00:58:36,040

seen yes never met her no I she told me

1091

00:58:40,920 --> 00:58:37,900

that she wrote a beautiful account and I

1092

00:58:43,650 --> 00:58:40,930

have complete confidence in her heritage

1093

00:58:47,370 --> 00:58:43,660

she and another woman witnessed a

1094

00:58:49,140 --> 00:58:47,380

Spanish nun levitate in the 1990s the

1095

00:58:52,740 --> 00:58:49,150

other woman who was a Scandinavian

1096

00:58:56,789 --> 00:58:52,750

fainted on the spy she so shocked and

1097

00:58:59,160 --> 00:58:56,799

disrupted and I can understand that well

1098

00:59:01,770 --> 00:58:59,170

yeah I was saying one thing is

1099

00:59:05,010 --> 00:59:01,780

definitely clear these things occur

1100

00:59:08,130 --> 00:59:05,020

no I knows why and nobody is going to

1101  
00:59:10,980 --> 00:59:08,140  
fund that research which is a shame yes

1102  
00:59:14,789 --> 00:59:10,990  
but how would you even begin to I mean

1103  
00:59:16,980 --> 00:59:14,799  
oh yeah you know sometimes like a let's

1104  
00:59:18,960 --> 00:59:16,990  
say if she just did it from

1105  
00:59:20,250 --> 00:59:18,970  
physiological standpoint I mean yeah

1106  
00:59:22,339 --> 00:59:20,260  
sure you could just stick some

1107  
00:59:24,780 --> 00:59:22,349  
electrodes in and out and measure

1108  
00:59:27,750 --> 00:59:24,790  
temperature pressure and all that but

1109  
00:59:29,849 --> 00:59:27,760  
that I think is sort of like taking it

1110  
00:59:31,829 --> 00:59:29,859  
away from the subject isn't it like

1111  
00:59:35,660 --> 00:59:31,839  
you're bringing it too much out of the

1112  
00:59:38,039 --> 00:59:35,670  
meditation and into the arches yeah yeah

1113  
00:59:40,890 --> 00:59:38,049

you you you bring up some interesting

1114

00:59:45,690 --> 00:59:40,900

questions thank you well one thing

1115

00:59:48,450 --> 00:59:45,700

before we go I wanted to say something

1116

00:59:50,760 --> 00:59:48,460

to the skeptics in the audience which

1117

00:59:52,920 --> 00:59:50,770

I'm sure you know the many people's will

1118

00:59:55,799 --> 00:59:52,930

hear this there will be a number of

1119

00:59:56,339 --> 00:59:55,809

skeptics because it's it's an incredible

1120

00:59:58,049 --> 00:59:56,349

thing

1121

01:00:00,420 --> 00:59:58,059

you know in and on some level just to

1122

01:00:03,960 --> 01:00:00,430

contemplate it oh it's just outside of

1123

01:00:05,580 --> 01:00:03,970

the year exactly yes but what I would

1124

01:00:09,240 --> 01:00:05,590

say to them

1125

01:00:13,950 --> 01:00:09,250

is that just because a such a thing can

1126

01:00:19,760 --> 01:00:13,960

be done through a trick it doesn't mean

1127

01:00:24,870 --> 01:00:19,770

it was done through a trick and and the

1128

01:00:29,070 --> 01:00:24,880

magician duo's what Penn & Teller you

1129

01:00:31,380 --> 01:00:29,080

know they try to make everything into

1130

01:00:34,980 --> 01:00:31,390

you know say how everything is flawed

1131

01:00:43,470 --> 01:00:34,990

that we talk about and how it's all ruse

1132

01:00:45,210 --> 01:00:43,480

by some clever magicians but I but Penn

1133

01:00:48,390 --> 01:00:45,220

& Teller is known to most people and I

1134

01:00:51,150 --> 01:00:48,400

enjoyed their shows etc however just

1135

01:00:55,050 --> 01:00:51,160

because something can be done by a trick

1136

01:00:58,680 --> 01:00:55,060

doesn't mean it was done by a trick so

1137

01:01:02,670 --> 01:00:58,690

before we say goodbye to you we would

1138

01:01:05,760 --> 01:01:02,680

like you to mention your website your

1139

01:01:08,190 --> 01:01:05,770

books your what what's coming up next

1140

01:01:14,580 --> 01:01:08,200

for you all of that good stuff Michael

1141

01:01:16,440 --> 01:01:14,590

what do you say the virginia festival of

1142

01:01:25,260 --> 01:01:16,450

the book where i'm going to be giving a

1143

01:01:29,850 --> 01:01:25,270

presentation and but yeah i and there's

1144

01:01:36,090 --> 01:01:29,860

going to be later on in the spring at

1145

01:01:38,910 --> 01:01:36,100

Esalen we a conference dedicated to well

1146

01:01:41,100 --> 01:01:38,920

the title of it is super humanity

1147

01:01:44,340 --> 01:01:41,110

emerging or something like that the

1148

01:01:47,580 --> 01:01:44,350

title of it and Michael Murphy wrote a

1149

01:01:51,240 --> 01:01:47,590

wonderful book called the future of the

1150

01:01:55,950 --> 01:01:51,250

body has invited me and I'll have a

1151  
01:01:58,920 --> 01:01:55,960  
whole opportunity to present my findings

1152  
01:02:04,230 --> 01:01:58,930  
on the levitation and there will be many

1153  
01:02:06,360 --> 01:02:04,240  
other scholars and scientists and we're

1154  
01:02:09,120 --> 01:02:06,370  
all going to be discussing some of these

1155  
01:02:13,050 --> 01:02:09,130  
far our potentialities of human

1156  
01:02:16,470 --> 01:02:13,060  
development that's wonderful like the

1157  
01:02:18,360 --> 01:02:16,480  
place to be yeah it'll be great and once

1158  
01:02:18,900 --> 01:02:18,370  
more I'll mention the name of my book

1159  
01:02:22,770 --> 01:02:18,910  
the man

1160  
01:02:27,029 --> 01:02:22,780  
who could fly st. Joseph Cupertino and

1161  
01:02:30,270 --> 01:02:27,039  
the mystery of levitation and Amazon has

1162  
01:02:33,779 --> 01:02:30,280  
it you can get it on Amazon but and I'd

1163  
01:02:36,120 --> 01:02:33,789

also enjoy hearing for many of you if

1164

01:02:40,650 --> 01:02:36,130

you want to get to talk to me or to

1165

01:02:42,420 --> 01:02:40,660

rather to email me at my website which

1166

01:02:48,569 --> 01:02:42,430

is consciousness

1167

01:02:50,700 --> 01:02:48,579

- unbound dark net okay well I'm sure

1168

01:02:52,190 --> 01:02:50,710

all the dates for your upcoming events

1169

01:02:59,630 --> 01:02:52,200

will be there as well

1170

01:03:03,329 --> 01:02:59,640

yeah okay well thank you very very much

1171

01:03:10,859 --> 01:03:03,339

Michael Chris oh yes what dr. Michael

1172

01:03:13,370 --> 01:03:10,869

Grasso yes okay last - what Kate that

1173

01:03:15,720 --> 01:03:13,380

was an amazing wonderful and interesting

1174

01:03:19,710 --> 01:03:15,730

interview don't you think uplifting

1175

01:03:25,140 --> 01:03:19,720

uplifting yes indeed thing would be the

1176

01:03:27,980 --> 01:03:25,150

word let us thank our audio engineer mr.

1177

01:03:31,230 --> 01:03:27,990

bill Moretti's for his wonderful

1178

01:03:34,710 --> 01:03:31,240

contribution and work to this and if if

1179

01:03:36,539 --> 01:03:34,720

our admiration for him would manifest on

1180

01:03:39,359 --> 01:03:36,549

the physical level he would be

1181

01:03:47,640 --> 01:03:39,369

levitating out of his chair right now I

1182

01:03:50,779 --> 01:03:47,650

also want to mention but I also wanted

1183

01:03:52,890 --> 01:03:50,789

to mention that one of our past guests

1184

01:03:55,920 --> 01:03:52,900

mr. Greg Bishop

1185

01:03:58,650 --> 01:03:55,930

is coming out with a new book within

1186

01:04:01,109 --> 01:03:58,660

days I've been in contact with him and

1187

01:04:05,490 --> 01:04:01,119

said that we would give his book a

1188

01:04:08,069 --> 01:04:05,500

little plug and we will but we want to

1189

01:04:10,289 --> 01:04:08,079

let you know that it will probably the

1190

01:04:13,620 --> 01:04:10,299

plug will probably be at the next show

1191

01:04:17,039 --> 01:04:13,630

because it's just on the verge of being

1192

01:04:19,349 --> 01:04:17,049

available on the Internet to buy so

1193

01:04:23,609 --> 01:04:19,359

hopefully next time we will do that I

1194

01:04:26,609 --> 01:04:23,619

would also like to ask people to write

1195

01:04:31,650 --> 01:04:26,619

in with their experiences especially if

1196

01:04:35,069 --> 01:04:31,660

they would enjoy having a moment of

1197

01:04:38,809 --> 01:04:35,079

15 minutes of fame so to speak and and

1198

01:04:41,910 --> 01:04:38,819

speak a little bit on our podcast and or

1199

01:04:46,349 --> 01:04:41,920

mail it in and we'll speak for you if

1200

01:04:48,569 --> 01:04:46,359

you would prefer what do you say okay I

1201

01:04:51,690 --> 01:04:48,579

think you have any other words of wisdom

1202

01:04:55,109 --> 01:04:51,700

no I think that's it I really was quite

1203

01:04:59,579 --> 01:04:55,119

impressed I sort of started as a skeptic

1204

01:05:02,970 --> 01:04:59,589

to be perfectly honest but yeah that was

1205

01:05:07,230 --> 01:05:02,980

very impressive a very interesting very

1206

01:05:10,049 --> 01:05:07,240

well-spoken gentleman yes I could could

1207

01:05:13,740 --> 01:05:10,059

enunciate my thoughts as well and as

1208

01:05:16,049 --> 01:05:13,750

readily as he does yeah but and it does

1209

01:05:18,180 --> 01:05:16,059

make you want you know like you go

1210

01:05:20,130 --> 01:05:18,190

through life and everything's every day

1211

01:05:22,500 --> 01:05:20,140

and then you get hit with something like

1212

01:05:26,789 --> 01:05:22,510

this you go well these this actually did

1213

01:05:28,710 --> 01:05:26,799

happen and nobody knows why and maybe we

1214

01:05:31,620 --> 01:05:28,720

should care a little bit more yeah

1215

01:05:34,829 --> 01:05:31,630

absolutely and it does fit in with our

1216

01:05:36,900 --> 01:05:34,839

last guest who was O'Brien heard of

1217

01:05:40,319 --> 01:05:36,910

dream studies yeah so it's sort of like

1218

01:05:42,359 --> 01:05:40,329

fits seamlessly into that spectrum lucid

1219

01:05:47,160 --> 01:05:42,369

dreaming as well as other stuff and

1220

01:05:48,870 --> 01:05:47,170

out-of-body experiences and yep okay I

1221

01:05:53,789 --> 01:05:48,880

guess that sort of wraps it up is that

1222

01:05:57,329 --> 01:05:53,799

okay bye for me here for Russia and Kate